Feel the beat



Music has a steady beat, can you feel it in your feet?



(stamp feet)

Hear the music in the band, can you feel it in your hands?



(clap hands)

Now let's try a clever trick, can you make your fingers click?



(click fingers)

'Feel the beat' is what I said, can you think it in your head?



(count silently until beat eight)

Music has a steady beat or pulse. Just like your heartbeat, it keeps going all the way through a song or tune. A fast tune will have a fast beat and a slower tune a slower beat.

Tap a steady beat and chant the words of a song you know well. Keep tapping all the way through.



Ready to play



Get-ready rag

Sit up straight on the front half of your chair and get ready to do each of the actions along with the CD. Start with your cello upright at arm's length. Once your cello is in place, do actions 5–8 while you move to the music.



1. Sit up tall and straight,



3. On your left-hand side,



2. Tap your feet apart,



4. Now it's time to start.



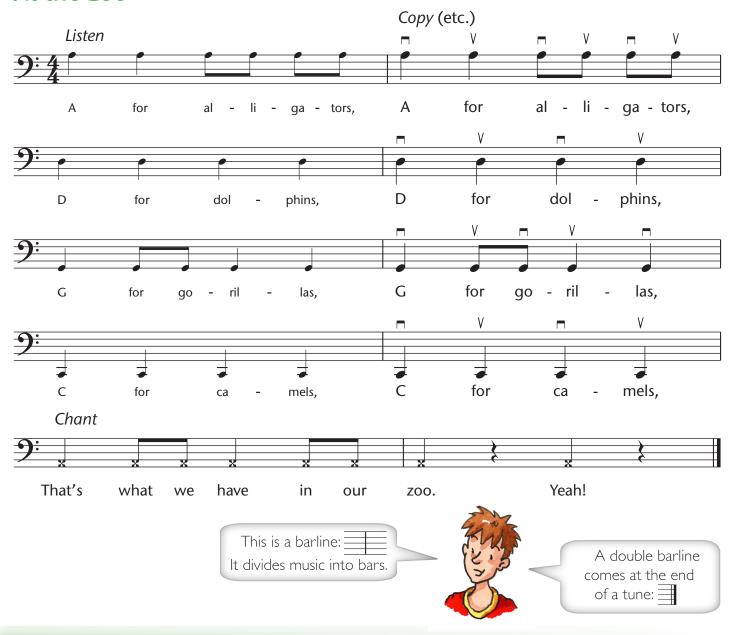
- **5. Feel the beat**: sway on the spot, left and right.
- **6. Swinging hammock**: swing your elbows.
- 7. High jump: tap your left hand on the strings or the wood either side of the fingerboard.
- **8.** Long jump: slide your left hand up and down the fingerboard.

Are your feet flat on the floor?

Walk and jogging tunes



At the zoo



Be a composer

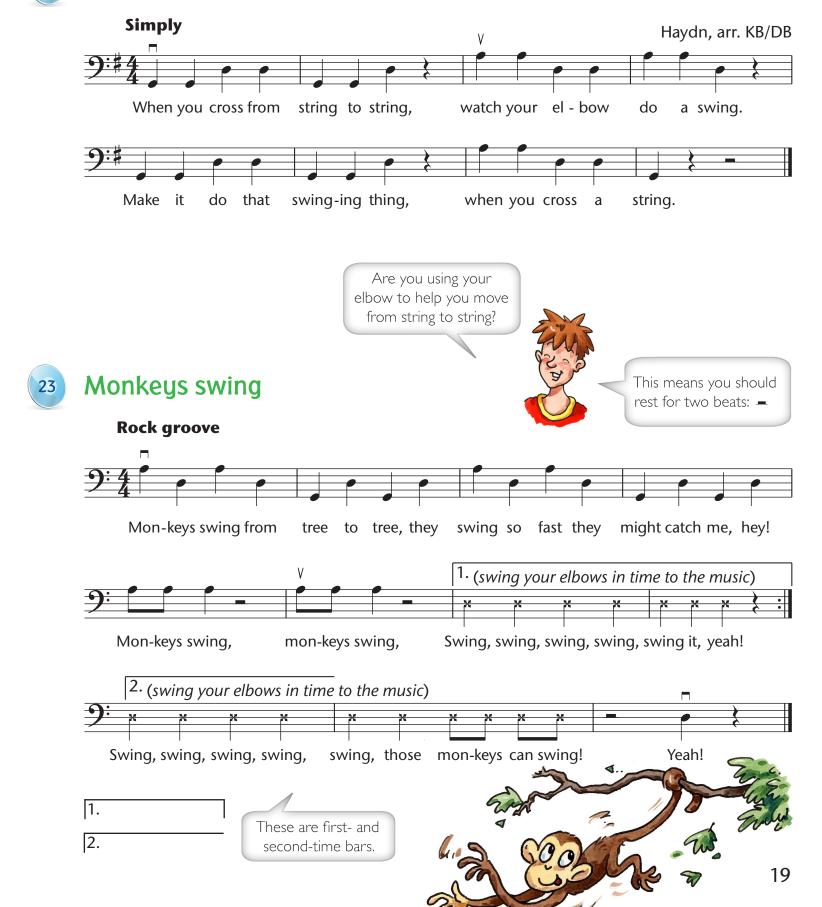
Make up your own rhythms using the open strings. Think of something beginning with each letter and then play the pattern of the words on each string. You could use the names of friends or different places as starting points. Write your words in the spaces below:

A for _	
D for_	
G for	
C for _	

String-crossing tunes

In these string-crossing tunes, watch your elbow swing *down* when you play a lower string and *up* when you play a higher string.





D-string activity page

Writing time

Draw these D-string notes on the stave below:

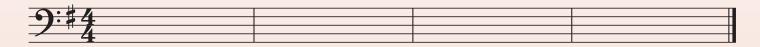
Bar 1: • x 4 on open D

Bar 2: 0 x 2 on E

Bar 3: on F#

Bar 4: on G and a two-beat rest





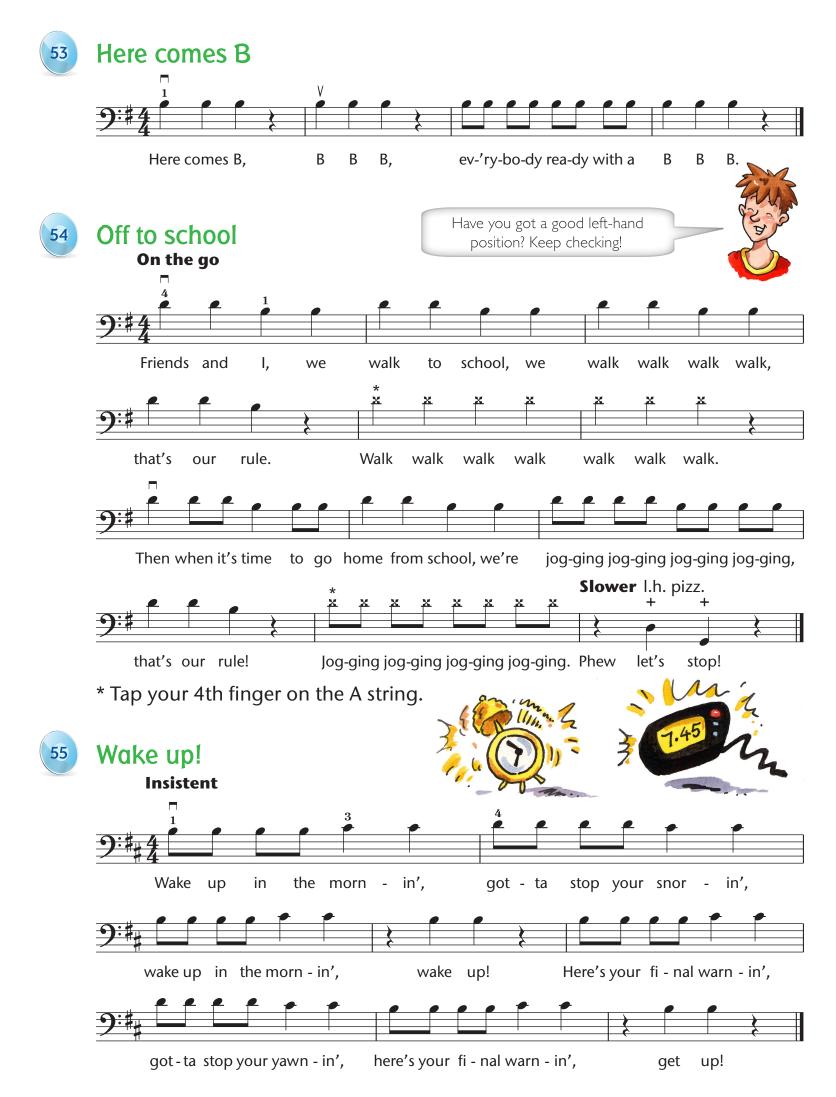
Now draw a down-bow sign above the first note and play the tune through.

Roller coaster quiz

Play 'Roller coaster' on page 24 and then do the quiz below.



- Some notes are missing in the tune. Fill them in where you see the * sign.
- Draw a circle around the time signature.
- Fill in the missing number: 4 means _____ beats in a bar.
- A rest is missing in bar 4. Draw it in correctly.
- Draw a circle around some \(\square \) Es.
- How many F#s can you count in the first line? ______



A-string tunes



Get aboard

Try some swinging rhythms in verses 2 and 3. Listen to track 56 to hear how it goes and get the swing of it!

Verse 1

Swinging along





rhy - thm train for we're Chi - ca - go Get a - board the bound.

Verse 2

Chickety-can, it goes speeding along, it goes Chickety-can, it goes speeding along, it goes Chickety-can, it goes speeding along, it goes Chickety-can all day long!

Verse 3

Speeding here and speeding there, it Speeds right down the railway track, it's Speeding here and speeding there, don't Know when we'll be back!





Clear blue sky



- 1. Come and fly,
- bird 2. Like 3. Fly - ing high
- way up high, fly - ing round, on the wing,
- we will see soar - ing far see them swoop,
- clear blue sky. from the ground. hear them sing.

Beach holiday

